FAIRFIELD GLADE LADIES CLUB GENERAL MEETING MINUTES Minutes of February 7, 2024

President Carol Barnes called the meeting to order at 11:00 a.m., welcomed everyone and reminded all to please silence phones.

Pledge of Allegiance – Ms. Barnes introduced, Chris Thomas of Tennessee Farm Bureau, who led us in the Pledge of Allegiance.

Minutes

The minutes from January 10, 2024, General Meeting had no additions or corrections and were approved as submitted.

OFFICER AND COMMITTEE REPORTS

TREASURER, Sandy McAvoy

• The Treasurer's Report for January 2024 is posted on the Ladies Club website.

MEMBERSHIP, Sheila Thomas, Second Vice President-Membership

Ms. Barnes reported:

- Ms. Barnes introduced and welcomed the following new members: Denise Angel, Jill Bick, Joanie Boggan, Joan Klem, Elizabeth Radford, Mitzi Scott, and Virginia Rau.
- The following guests were introduced and welcomed: Angela Brown, Judi Busman, Patricia Chase, Michelle Cole, Jo Duller, Jan Edwards, Chris Eggert, Lin Glenn, Jenny Gordon, Shirley Green, Carol Haack, Katheryn Hargrove, Susan Meyer, Maribeth Osmundsen, Nancy Smith, Faye Strelecky, Nancy Tobeck, Suzanne Wade, Linda Waters, and Ann Williams.
- She also welcomed our men guests in attendance.

COMMUNITY RELATIONS – Marsha Mellert and Laurie Inda, Co-Chairs

Ms. Inda made the following introductions:

Sponsors Attending Today:

Gold Sponsors:

- Karen Dunivan, Pam Hall, and I are representing Zurich Homes
- Ronnie Brock and Chris Klaver from Hiller Plumbing, Heating, Cooling and Electric

Silver Sponsors:

- Katie Davis from Innovative Restorations
- Louise Goodman and Karyn Vaughn representing Caring Transitions
- Jeff Selk and Jan Deibel with Selk Solutions

Bronze Sponsors:

- Tracey Barnes from Atlas Realty, who is also a Fashion Show Sponsor.
- Rachel Birdwell from Buckeye Home Medical Equipment
- Candace Newby with Crossville Heating and Cooling, also a Fashion Show sponsor.
- B. J. Brown from Crye-Leike/Brown Realty
- Elizabeth Radford with Fairfield Homes & Glade Realty
- Kelli Tipton and Jean Bennett from Grace Givers Home Care
- Matt & Janise Libby with Matt Libby Insurance
- Victoria Parsons and Will Parrish representing SDP Financial Planners also Mistletoe
 Market Place and Fashion Show Sponsors
- Chris Thomas from Tennessee Farm Bureau
- Mark Witt representing Witt Financial Group also a Fashion Show Sponsor

Event Sponsors:

- Lisa Garcia representing Cleanse Wellness Spa, our Silent Auction sponsor
- Laurie Gigowski from Juice Plus Affiliate our Spring Marketplace Sponsor
- Christine Gage and Janet Morningstar with Mays the Downsizers were the Books, Babbles and Baked Goods sponsor.
- Steve Dalton a new Fashion Show sponsor representing Edwards Jones on Peavine Road

Sponsors Unable to Attend Today:

- Tennessee Plateau Oncology, PLLC
- Budget Blinds
- Cumberland Medical Center
- JWK Plumbing LLC
- Mutual of Omaha Mortgage
- 127 Skin Medical Aesthetics
- Crain Burns & Associates
- Cronwell Insurance Group/United Healthcare
- The Law Office of Hayden Shadden
- Risher Roofing
- Weichert "Realtors/The Webb Agency

Sponsor Highlight

Cleanse Wellness Spa is our Silent Auction sponsor. They are a full-service cleansing and detox spa offering national board credentialed services helping with lifestyle change and removal of toxins that may cause chronic illness. In just over one year of business on the Plateau, they have proudly helped nearly 550 clients improve their health and wellness from a holistic, non-pharmaceutical approach. You can access their nearly 105 5-star reviews on Google, Facebook, and yelp. Check out their website at cleanseswellnessspa.com.

SERVICE – Lin Marten, Chair

Ms. Marten reported:

- Ms. Marten reported that House of Hope let her know they served a record 813 angel tree children last Christmas. An increase of 25% from the previous year.
- Our Service Project this month was Kids on the Rise. We collected \$1,320.
 - They provide adults to help mentor children as they go through school and to help provide a stable adult influence. They also have a program for reading buddies and need volunteers to read to children. for this organization. Representatives present at the meeting today are: Pam Burris, Executive Director, Pat Nagy, Asst Director, and Sarah Dickinson

WAYS AND MEANS—Mary Ann Urban and Deni Donovan, Co-Chairs

Ms. Urban & Donovan reported:

- Mary Ann & Deni thanked the event sponsor, Cleanse Wellness Spa.
- They also thanked the generous donors and workers.
- Mary Ann gave instructions for the Silent Auction.

FASHION SHOW - Claudia Brooks and Janice Cahill, Co-Chairs

Ms. Brooks reported.

- Birds, Bees & Butterflies Fashion Show April 3, 2024
- Really in need of donations of items for baskets. Items need to be brought by the March meeting.
- Tickets can be purchased at the monthly meetings and also at SDP Financial in the Village Green Mall.

TRAVEL – Sandi Edwards, Chair

Ms. Edwards reported:

- Our **Italian Adventure** October 7-17, 2024 currently has 21 signed up. The itinerary is jammed packed with all the places and historical sites you would want to see in Italy. Pick up a brochure and consider joining us. We definitely need more travelers for this once in a lifetime trip.
- We only have 16 signed up for our **From the Gates of Hell to Dairy Goodness Trip** to Brushy Mt. State Penitentiary & Sweetwater Valley Farm on Thursday, June 6, 2024. We will need 30 to go, so please sign up today.
- Today, I'm introducing a new 3-day trip to Helen, GA for Octoberfest, September 13-15, 2024. We will be stopping at Eagle Owl Castle on our way to Helen. This is a real renaissance style castle complete with towers, a turret, gatehouses, courtyard gardens and incredible views. The city of Helen, GA is like a Bavarian village, with authentic architecture and we will participate in their Octoberfest celebration with German food as we listen to an um-pah-pah band. We will have a step-on guide who will show us the sites of Helen and on our way home we will be stopping at Anna Ruby Falls, a double-falls, and

Mercier Orchard where we can pick some apples, weather and supply permitting. Pick up a brochure today.

• I have an opening on the Travel Committee. I am looking for someone who is very detailed oriented, has experience using Microsoft Word, who has experience doing online research and using google maps, and has the personality to plan and lead a 1-3 day Ladies Club trip. If you would like to become an assistant tour planner, please speak with me after the meeting or give me a call.

If you have any questions about any of our trips please call or email me.

OLD BUSINESS:

No Old Business.

NEW BUSINESS:

• No New Business.

ADJOURNMENT

• The meeting was adjourned at 11:22 am. Motion by Carole O'Brien, seconded by Judi Daniels. Motion Carried.

INVOCATION

Invocation was provided by Donna Cielma.

LUNCH

Thank you to the staff of Grade A Catering, from Cookeville, who served our lunch.

DRAWINGS

- A check for 1-free Ladies Club lunch to be used for a future luncheon meeting, donated by Louise Goodman with Caring Transitions.
- 2 \$50 Gift Cards to "your choice" of 12 different Restaurants donated by B.J. Brown, Crye-Leike Realty.
- 2 complimentary passes to see the play "The Beehive", were donated by Cumberland County Playhouse.
- 1-\$50 Fairfield Glade gift card and 2-\$25 Fairfield Glade gift cards donated by Selk Solutions.
- 2-\$25 Fairfield Glade gift cards donated by Grace Givers.

PROGRAM

• Judi Daniels introduced, John Coles – the "Food is Medicine" guy who presented his "10 Steps to Better Health" guide as our Program.